

Barns Medical Practice

Flu Programme 2019/20

We will be holding open flu clinics on Tuesday 8th from 8.30am to 7.00pm and Wednesday 9th October from 8.30am to 5.30pm. These clinics have always proved very successful in the past and waiting times are not usually long. Invitations from the practice will be sent to eligible patients via letter, text and email. We will also invite patients eligible for pneumococcal and shingles vaccination to attend on these days.

On arrival at the surgery, please check in with receptionist and remove your jacket. If you have a pre-booked appointment with a GP, ANP or Practice Nurse on either of these days, you will be given your vaccination at your appointment.

USEFUL TELEPHONE NUMBERS:

**For Out of Hours advice please
contact NHS24 on
111**

District Nursing Team

01292 513877

Podiatry Team

01292 614922

Health Visitor

01292 885529/ 885534

Midwife

01292 285893

Ante-natal First Appointment

Booking

01563 825411

Musculoskeletal Service /

Physio

0800 9179390

Ayr/Crosshouse

Hospital

Appointments Office

01563 827 070

Dates to Remember

The Practice will be **closed** for
the local holiday weekend on

Friday 20th September

And

Monday 23rd September

Protecting Learning Time

Thursday 31st October

The Practice will **close** at

12.30pm

We Will be **closed** on

Wednesday 25th December

Thursday 26th December

Wednesday 1st January 2020

Thursday 2nd January 2020



Training Practice Re-Accreditation



Every three years the Practice undergoes assessment to keep our Training Practice status, allowing us to train Doctors, Nurses and Medical Students at various stages in their learning. Dr Hunter has been our main trainer and is always very grateful to our patients for allowing us to carry on this valuable work.

Dr Simpson has completed her own qualifications and is a verified trainer, whilst Dr Tan and Dr Ledger are both undertaking training at the moment to become verified trainers themselves enabling the workload and tutorial time involved to be spread between the four trainers.

The Practice is delighted to have achieved the maximum accreditation period of three years, allowing us to continue training your future healthcare professionals.

We have recently welcomed Dr Pippa Dawson, GPST1 and Dr Rachel Hughes, FY2 to the team and will soon welcome two new groups of 3rd year medical students.

Our Practice Manager, Jan McCulloch, continues to mentor students following the Practice Manager Vocational Training Scheme and has recently qualified as a SVQ Assessor. We welcome Sasha Gemmell to the admin team; Sasha is undertaking Modern Apprenticeship training and studying to achieve SVQ Level 2 in Business Administration. Hannah and Kerrie, pictured below with Jan, have both completed Level 2 and are now working towards SCQF Level 5.



Smoking Cessation Clinics

The Practice holds two smoking cessation clinics per week in conjunction with Quit Your Way; by appointment on Friday afternoons and Tuesday evenings from 5.30pm to 7.00pm.

If you would like help to give up smoking please phone the surgery to arrange an appointment,



Mental Health Practitioner

We are happy to welcome Jacqueline Nisbet to the team. Jacqueline is a Mental Health Nurse who will see patients aged 18 to 65 with mild to moderate depressive symptoms. She will discuss treatment options, in the form of medication, talking therapies or Cognitive Behaviour Therapy.



A patient led walking group leaves from the surgery every Wednesday at 11am. Suitable for abilities this a great way to meet new people and stay active at the same time.

The group would be delighted to see new members and you don't even need to be a patient!!!

Tell your friends too! A great way to improve your fitness and your mood. You can even go for coffee and a chat afterwards.

CPR Lifesaving Skills

Our next training event takes place on Tuesday 1st October from 5pm.

Please inform the reception team if you would like to attend.



Car Parking

We have seen a recent rise in the number of patients trying to access the car park. Unfortunately there is no patient access the surgery car park. This decision was taken by all the tenants some years ago for safety reasons. There are public car parks close by and we have a wheelchair that can be borrowed for anyone with mobility difficulties.



* The surgery closes every Wednesday between 1pm and 1:45pm for staff training. If you have a medical emergency during this time please telephone **01292 272143** to speak to a member of the reception team*

Should you require medical attention when the practice is closed please telephone: **111**

This is the NHS 24 telephone health advice and information line and can be accessed 24 hours a day.

Patient Suggestions

If you have any suggestions you would like to put forward to the practice in order to improve our service and your experience, we would be happy to consider them. We have a suggestions box in the waiting room or you can email us at email@medicayr.com

For regular updates on Practice news and other items of interest, like our Facebook page, **Barns Medical Practice** or follow us on twitter **@barnstweets**